W	hole	Menu - November 2024 - March 2025		
m	neals	Week One	Week Two	Week Three
REAL	FOOD FOR REAL ENERGY	04/11,25/11,06/01,27/01,24/02,17/03	11/11,02/12,13/01,03/02,03/0324/03	18/11,09/11,20/01,10/02,10/03,31/03
Monday	Option 1	Home-made Pizza 🔒	Mac n Cheese 🦀	Pea & Basil Pesto Pasta
	Option 2	Tomato Pasta	Pasta Provencale	Tomato Pasta
	served with	Pasta	Garlic Dough Balls	Garlic Flatbread
		Peas & Sweetcorn	Peas & Sweetcorn	Peas & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
2	Dessert	Frozen Dessert	Frozen Dessert	Frozen Dessert
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Tuesday	Option 1	Beef Burger	Breaded Chicken Steak	Mild Chicken Curry
	Option 2	Quorn Sausage	Veggie Nuggets 🛛 🕷	Veggie Bolognese with Pasta
	served with	Herby Diced Potatoes	Jacket Wedges	Rice
		Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	Carrots & Green Beans
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Marble Sponge & Custard	Fruit Crumble & Custard	Chocolate Cake & Chocolate Sauce
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Wednesday	Option 1	Chicken Pie & Gravy	Sausages with Yorkshire Pud & Gravy	Roast Pork with Gravy
	Option 2	Veggie Pie	Quorn Sausage & Gravy	Winter Vegetable Bake
	served with	Roast Potatoes	Roast Potatoes	Roast Potatoes
		Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choi
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Cookie	Cookie	Cookie
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Thursday	Option 1	Pork Meatballs	Lasagne	Sausage Roll Slice & Gravy
	Option 2	Meatless Meatballs	Veggie Burritos 🥵	Quorn Sausage Roll
	served with	Pasta	Garlic Bread	Mash
		Carrots & Green Beans	Peas & Cauliflower	Peas & Carrots
	Option 3	*Jacket Potato with Cheese & Beans 🤒	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Raspberry Buns	Krispie Cake	Lemon Drizzle Cake
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Friday	Option 1	Fish Fingers 🧼	Fish Fingers 🔷	Fish Fingers
	Option 2	*Cheese Puff 🥵	Curried Veggie Pasty	*Pizza Whirl
	served with	Chips/Pasta	Chips/Pasta	Chips/Pasta
		Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	Baked Beans & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Cooks Choice of Dessert	Cooks Choice of Dessert	Cooks Choice of Dessert
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
6%	Suitable for Vegetarians		All items are subject to availability	
VEGETARIAN				·
100	Suitable for Vegans & Vegetarians		All Items with * can be made Vegan Friendly	
VEGAN			Air items with can be indue veg	annenury
	Contains Fish			